We are available to answer the pager (206-314-3598) on Mondays and Tuesdays between the hours of 9:00 a.m. to 4:00 p.m.

Please leave your phone number and we will return your call promptly. You can also schedule a time to talk with someone by contacting Amy Carlsen at carlscarlsa@uw.edu

Center on Human Development and Disability
UNIVERSITY OF WASHINGTON
SEATTLE, WASHINGTON 98195-7920
The following steps can be helpful as a guideline for getting started.

**Step 1: Information on autism spectrum disorders:**
Autism Speaks 1st 100 Days at autismspeaks.org

**Step 2: For more support and help connecting with resources:**
Parent to Parent Program: 1-888-754-8798 or go to arcwa.org click Get Support

For a list of other parent support organizations:
Medicalhome.org click Families

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**Parent Story**

Answering Questions.
Learning that your child has an autism spectrum disorder brings with it many questions, concerns and feelings. Parents have told us that the first few months are confusing and that they often don’t know where to begin. We want to help you as you take the first steps in helping your child.

Providing Support.
This program was developed to support parents in the early months after a diagnosis of autism. The PASS Program is run by faculty and trainees who have children with special needs or are very knowledgeable of the services and support available to families of children with autism.

Please remember that you do not have to know and accomplish everything all at once. Early intervention is important but it is best if you take time to think through what your priorities are and come up with a plan for you and your child. Every family’s journey is unique.

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Contact Amy Carlsen at
Pager: 206-314-3598
E-mail: carlsa@uw.edu