# Welcome to the Institute on Human Development and Disability

The physical address of the IHDD clinic building is 1701 NE Columbia Rd.

The building is *behind* the UW Medical Center at the south end of the University of Washington campus.

#### From Interstate 5 (I-5)

- · Take the NE 45th St exit
- Northbound: turn right onto NE 45th St
- Southbound: turn left onto NE 45th St
- Proceed to 15th Ave NE (approx. 4 blocks)
- Turn right onto **15th Ave NE** (approx. 7 blocks)
- Stay in the far-right lane to cross NE Pacific St (large street with traffic lights)
- 15th Avenue will end at a stop sign
- Turn left (east) on Boat St
- See the Payment Information section below

## From Highway 520 (Westbound)

- Take Exit 100 onto Montlake Blvd NE
- · Cross the Montlake Bridge
- · Move to left lane
- Turn left onto NE Pacific St
- Proceed past the UW Medical Center on your left until you reach the light at 15<sup>th</sup> Ave NE
- Turn left onto 15th Ave NE
- 15th Ave NE will end at a stop sign
- Turn left (east) on Boat St
- See the Payment Information section below

## S-01 (top level)/S-02 (middle level)/S-03 (bottom level) Garage

- Parking for the IHDD is the S-01/S-02/S-03 garage, located behind the UWMC, west of the IHDD clinic building.
- Access the lot from 15th Ave NE. At the stop sign, proceed left onto Boat St and stop at one of the booths (Gatehouse #6). Even if the LOT FULL sign is out, proceed to the booth and ask for IHDD patient parking.
- The IHDD is east of the parking garage. Park as far east as you can to minimize walking distance.

## **Disability Parking**

- Those with a State Disability Placard may utilize the disability parking spots in S-02 (middle level).
- Ask the Gatehouse attendant for directions to the disability parking spots.
- You must still pay for parking in S-02, even if you have a State Disability Placard.

## **Payment Information**

- You must pay in advance to park in S-01/S-02/S-03.
- Stop at Gatehouse 6 and tell the attendant you have an appointment at IHDD and need a permit.
- They will give you a permit **and** a separate QR code to access S-03 if S-02 is full.
- You will need the QR code to enter *and* exit S-03. Leave the permit on your dashboard to avoid a ticket.

#### **VALIDATION:**

- UWMC patients can ask for a partial refund coupon at check in if you pre-pay over \$10 at the gatehouse or pay machine located on street level near the **blue EMERGENCY pole**.
- No partial refund is offered if you use Pay By Phone on S-01 (top level only).

## Walking from S-01/S-02/S-03 Garage to the IHDD

- Exit at the far (east) end of the S-01/S-02/S-03 Garage.
- Enter the IHDD Clinic building through the side door.
  - Look for the awning with the building name (Institute on Human Development and Disability).
- Once inside, follow the signs to the elevator and go up to the second floor to check in at the front desk.
- Alternately, use the ramp to the front door from the corner of NE Columbia Rd & Ferry Pl NE.

#### **Contact Information**

Institute on Human Development and Disability 1701 NE Columbia Rd Seattle, WA 98195-7920

phone: 206.598.4317 fax: 206.598.7815 website: www.ihdd.org