



FALL 2023 Syllabus

KNOWLEDGE AREAS

DEVELOPMENTAL DISABILITIES

Trainees will have knowledge of the disability civil rights movement, models of disability, and be skilled in advocating for and partnering with individuals with developmental disability and their families.

Learning Objectives	Required Activities
<p>Explain differences and similarities between social and medical models of disability</p> <p>Discuss the history of the disability rights movement and list implications for today, including as they relate to your discipline</p> <p>Define and explain the concept of ableism and how it affects people with disability</p> <p>Explain the neurodiversity movement and the impact for people with disability</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Attend UW LEND seminars; synchronously or asynchronously <input type="checkbox"/> Participate in October UW LEND Workshop; synchronously <input type="checkbox"/> Complete required pre-seminar activities <input type="checkbox"/> Read or listen to book and discuss <i>Disability Visibility: First Person Stories in the Twenty-First Century</i> <input type="checkbox"/> Participate in Squad meetings and discussions








INTERDISCIPLINARY PRACTICE





























Trainees will gain knowledge and skill working in a team with other people who are in different fields and with lived experience, and practice talking with people who work in different fields.




























Learning Objectives	Required Activities
<p>Describe the roles and contributions of various clinical disciplines including persons with lived experience</p> <p>Explain the value of interdisciplinary team</p> <p>Discuss communication strategies to support collaborative team practice, to include conflict resolution as needed</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Attend UW LEND seminars; synchronously or asynchronously <input type="checkbox"/> Participate in December UW LEND Workshop; synchronously <input type="checkbox"/> Complete required pre-seminar activities <input type="checkbox"/> Participate in Squad meetings and discussions <p>Complete at least one of the following clinical options:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Participate in CTU/LEND interdisciplinary clinic <input type="checkbox"/> Observe in a CTU/LEND interdisciplinary clinic <input type="checkbox"/> Describe interdisciplinary clinical experiences in your community or worksite; discuss with mentor <p>Attend at least one interdisciplinary case discussion, choose from:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Child Development Clinic (CDC) individual case discussion <input type="checkbox"/> All clinic case discussions in either Infant Development Follow-Up Clinic (IDFC) or Cardiac Neurodevelopment Clinic (CNC) <input type="checkbox"/> Alternative interdisciplinary case discussion; discuss with mentor























ADVOCACY	
Trainees will explain advocacy on a personal/professional level and on a systems level (policy, legislation, community) to include understanding the role of education vs lobbying.	
Learning Objectives	Required Activities
<p>Describe the need and call to advocate for persons with disabilities and their families</p> <p>Understand WA State legislative process and ways to contribute your voice, knowledge, and/or lived experience</p> <p>Follow legislative action at state and/or federal level pertaining to policy for the developmental disability community</p> <p>Develop and deliver an advocacy "elevator pitch"</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Participate in the November UW LEND Workshop; synchronously <input type="checkbox"/> Complete required pre-seminar activities <input type="checkbox"/> Prepare & deliver an advocacy pitch on a legislative or policy priority <input type="checkbox"/> Identify your local, State, Federal legislative representatives <input type="checkbox"/> Sign up for the Washington Arc Action Alerts

LEADERSHIP	
Trainees will gain knowledge, skill, practice and confidence participating in leadership roles.	
Learning Objectives	Required Activities
<p>Become familiar with your personal leadership strengths and identify areas you wish to grow</p> <p>Appreciate the variety of ways leadership opportunities may present themselves</p> <p>Track your own leadership growth and individual goals related to leadership development</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Meet with Faculty Mentor to review learning goals and intentions <input type="checkbox"/> Identify a leadership opportunity you will participate in the UW LEND year, discuss with Faculty Mentor <input type="checkbox"/> Identify the topic for your Leadership Project <input type="checkbox"/> Participate in ≥ 4 Adolescent Transition Seminars synchronously during the LEND Year. <input type="checkbox"/> Attend one ECHO session or view a recorded ECHO session <input type="checkbox"/> Meet with Faculty Mentor at the end of the quarter <input type="checkbox"/> Complete the Fall Quarter Reflection Form and Feedback <input type="checkbox"/> OPTIONAL: Participate in Resilience & Self-Compassion Seminar Series with UW Center for Child & Family Well-Being Faculty Information and sign-up

IMPORTANT INFORMATION			Symbols Key		
	Orientation	Monday September 18th, 2023	UW Center on Urban Horticulture	 Website	 Listen
	In-person session	First Monday of the month from 12:30 to 3:30 (starting October)	UW Portage Bay Building	 Watch	 Read
	Zoom session	All other Mondays from 12:30 to 1:45	https://washington.zoom.us/j/92466210505		

SEMINAR SCHEDULE			
Date	Topic	Prepare	Additional Learning
SEPTEMBER			
 9/18/2023 9:00am-4:00pm	UW LEND ORIENTATION Format: All day, in person	Prepare  <input type="checkbox"/> Look up how to get to the UW Center on Urban Horticulture	General Knowledge Challenge Yourself  <input type="checkbox"/> Explore MCH Leadership Competencies 4.5
 9/25/2023 12:30-1:45pm	UW LEND Overview: Explore UW LEND Trainee Tools Presenter: Sue Wendel	Prepare  <input type="checkbox"/> Explore the UW LEND website and calendar  <input type="checkbox"/> Explore the IHDD calendar and events  <input type="checkbox"/> Review the UW LEND syllabus <input type="checkbox"/> Create a slide introducing yourself, instructions provided in seminar	General Knowledge Challenge Yourself  <input type="checkbox"/> Explore the National LEND Network  <input type="checkbox"/> Learn about AUCD (Association of University Centers on Disabilities)  <input type="checkbox"/> Explore the AUCD Emerging Leaders network and resources <input checked="" type="checkbox"/> <input type="checkbox"/> Complete E-learning Modules: Autism CARES Act 101
OCTOBER			
 10/2/2023 12:30-3:30pm	Conversations on Disability: Perspectives from the Lived Experience Facilitator: UW LEND Faculty	Prepare  <input type="checkbox"/> Bad News and Good News People with Disabilities Need to Hear Today (9 min)	General Knowledge Challenge Yourself  <input type="checkbox"/> Identity-first vs. person-first language is an important distinction  <input type="checkbox"/> Demystifying Disability: What to Know, What to Say, and How to Be an Ally  <input type="checkbox"/> Ableist Language and Alternatives
 10/9/2023 12:30-1:45pm	A Look at Models of Care in Healthcare: Dismantling Ableism Presenter: UW Disability Studies Faculty	Prepare  <input type="checkbox"/> All-LEND Reads: Disability Visibility (Part One pg. 3-84) Link to Assignment  <input type="checkbox"/> Drunk History: Judith Huemann's Fight for Disability Rights (8 min)  <input type="checkbox"/> I'm Not Your Inspiration/ Stella Young YouTube (9min)  <input type="checkbox"/> Social Model Animation (2 min)  <input type="checkbox"/> Defining Ableism (7min)	General Knowledge Challenge Yourself  <input type="checkbox"/> "The Stairs Didn't Go Anywhere"  <input type="checkbox"/> Watch the film Crip Camp (2 hrs)  <input type="checkbox"/> A Brief History of the Disability Rights Movement (14 min)  <input type="checkbox"/> Explore Disability Equity Resource List  <input type="checkbox"/> Disability Rights Activists on the Power- And Where it Falls Short (8 min)  <input type="checkbox"/> Healthcare for adults with I/DD: Toolkit for Primary Care Providers  <input type="checkbox"/> Disability Visibility Podcast, hosted by disability activist Alice Wong

 10/16/2023 12:30-1:45pm	Compassionate Leadership Presenter: Laura Crooks, CEO at Yakima Children's Village	Prepare  <input type="checkbox"/> All-LEND Reads: Disability Visibility (Part Two pg. 85-141) Link to Assignment	General Knowledge  <input type="checkbox"/> Heart of Compassion YouTube (3min)	Challenge Yourself  <input type="checkbox"/> Schwartz Center for Compassionate Healthcare  <input type="checkbox"/> Institute for Health Care Improvement – Joy in Work  <input type="checkbox"/> Dare to Lead: Brave Work, Tough Conversations. Brené Brown, (2018)
 10/23/2023 12:30-1:45pm	Improving Community Capacity to Care for Individuals with I/DD/ASD Presenter: Karis Casagrande, LEND alum	Prepare  <input type="checkbox"/> All-LEND Reads: Disability Visibility (Part Three pg. 149-226) Link to Assignment  <input type="checkbox"/> Review UW LEND ECHO requirement & sign up	General Knowledge  <input type="checkbox"/> Learn about Project ECHO  <input type="checkbox"/> Learn about the Mental Health Institute training opportunities  <input type="checkbox"/> Explore the Washington INCLUDE website	Challenge Yourself
 10/30/2023 12:30-1:45pm	All-LEND Reads – Discussion: Disability Visibility First-Person Stories from the Twenty-First Century Facilitator: UW LEND Faculty	Prepare  <input type="checkbox"/> All-LEND Reads: Disability Visibility (Part Four pg. 227-275) Link to Assignment	General Knowledge  <input type="checkbox"/> Visit Disability Visibility Project Website	Challenge Yourself  <input type="checkbox"/> Disability Visibility: Adapted for Young Adults  <input type="checkbox"/> Year of the Tiger: An Activists Life
NOVEMBER				
 11/6/2023 12:30-3:30pm	Introduction to Advocacy: Why it Matters and How to Take Action Facilitators: The Arc of Washington State	Prepare  <input type="checkbox"/> Identify your Federal & State Legislative Representatives  <input type="checkbox"/> Sign up for legislative alerts: WA Arc and/or AUCD Disability Policy News	General Knowledge  <input type="checkbox"/> Arc of Washington Advocacy Resources  <input type="checkbox"/> WA Self Advocates in Leadership (SAIL)  <input type="checkbox"/> Tuesdays with Liz: Disability Policy for All  <input type="checkbox"/> Policy Terms in Plain Language  <input type="checkbox"/> Follow your legislator (s) on social media	Challenge Yourself  <input type="checkbox"/> View advocacy resources for your professional organization  <input type="checkbox"/> AUCD Disability Policy News (bi-weekly newsletter)

 11/13/2023 12:30-1:45pm	Advocacy: Practicing an Advocacy Message Facilitator: UW LEND Faculty	Prepare  <input type="checkbox"/> Prepare an advocacy elevator pitch with small group; come prepared to share	General Knowledge  <input type="checkbox"/> PAVE: Tell Your Story: Inspire Action in Two Minutes	Challenge Yourself
 11/20/2023 12:30-1:45pm	Clinical Disability Ethics Presenter: James Kirkpatrick, MD & Thanh Kirkpatrick, MD	Prepare	General Knowledge  <input type="checkbox"/> Clinical Ethics 4-Box Paradigm	Challenge Yourself  <input type="checkbox"/> UWMC Ethics in Medicine: Clinical Ethics Resources & Tools  <input type="checkbox"/> Clinical Ethics: A Practical Approach to Ethical Decision Making.
 11/27/2023 12:30-1:45pm	Introduction to UW LEND Leadership Project Requirement Format: Squad discussion	Prepare  <input type="checkbox"/> Review requirements for Leadership Project	General Knowledge  <input type="checkbox"/> Tips for Finding Evidence and Conducting Lit Review	Challenge Yourself
DECEMBER				
 12/4/2023 12:30-3:30pm	Interdisciplinary Team Practice: Applying a Strengths Based Lens Facilitator: UW LEND Trainees & Faculty	Prepare  <input type="checkbox"/> Understanding and Interpreting Standardized Test Results  <input type="checkbox"/> View Recording: Introduction to interdisciplinary teams	General Knowledge  <input type="checkbox"/> Video Abstract: Interdisciplinary Team Evaluation: An Effective Method for the Diagnostic Assessment of Autism Spectrum Disorder (7 min)  <input type="checkbox"/> What is International Classification of Functioning? (ICF) (3 min)	Challenge Yourself  <input type="checkbox"/> Principles for Team Care for Children with Disabilities, Chapter 23  <input type="checkbox"/> WHO: Beginners Guide to ICF  <input type="checkbox"/> Can Child: ICF Resources
 12/11/2023 12:30-1:45pm	Application of Discussions in Interdisciplinary Team Practice Workshop Facilitator: UW LEND Faculty	Prepare  <input type="checkbox"/> Prepare and be ready to present an introduction to your discipline. See assignment description in email & UW LEND newsletter	General Knowledge  <input type="checkbox"/> Explore neurodevelopmental disorder clinical presentation through UC Davis LEND > Resources for Disabilities and Conditions	Challenge Yourself  <input type="checkbox"/> Misdiagnosis Monday blog series

Fall Quarter Break - Seminars Resume Monday, January 8, 2024