

**UW LEND Trainee – Leadership Project Proposal  
2023-2024**

**Program:** Haring Center (special ed/ABA)

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**Project Title:** Literature Review of Feeding Support and Intervention for Young Children

**Describe the Need:**

Feeding and mealtime challenges are a common concern for families of children with and without disabilities. Multiple disciplines treat feeding disorders (occupational therapy, speech language pathology, medical, nutrition, applied behavior analysis, etc.). A multidisciplinary approach is important to treat different aspects of feeding and mealtime challenges. However, treatment often happens in isolation. It is important to understand skills that different involved disciplines bring to the table and how they can work together for a holistic approach.

**Brief Description of Proposed Project:**

A review of literature across disciplines to understand who treats various aspects of feeding challenges and strategies used, ending in a manuscript or annotated bibliography and proposal for a holistic approach.

**Project Goal and/or Desired Outcome:**

The goal is to understand the different aspects of feeding intervention to propose a holistic, multidisciplinary approach and disseminate information to individuals treating feeding and mealtime challenges.

**Proposed Roles/Responsibilities of the UW LEND Trainee(s):** *Include number of trainees desired*

Review literature, write annotated bibliography, manuscript or guide (final product is flexible).

1 – 5 trainees: various disciplines would be ideal to represent the different disciplines involved.

**List Any Desired Trainee Prior Experiences or Skills:**

N/A