



FALL 2024 Syllabus

KNOWLEDGE AREAS

DEVELOPMENTAL DISABILITIES

Learning Objectives	Required Activities
<p><b>Explain</b> differences and similarities between social and medical models of disability</p> <p><b>Discuss</b> the history of the disability rights movement and list implications for today, including as they relate to your discipline</p> <p><b>Define</b> and explain the concept of ableism and how it affects people with disability</p> <p><b>Explain</b> the neurodiversity movement and the impact for people with disability</p> <p><b>Discuss</b> the cultural values and perspectives of a neurodevelopmental diagnosis and the meaning this may have for a family of non-dominant culture</p> <p><b>Describe</b> screening, evaluation, and diagnostic criteria for neurodevelopmental disorders including ASD</p>	<ul style="list-style-type: none"> <li>## Attend UW LEND seminars; synchronously or asynchronously</li> <li>## Participate in October UW LEND Workshop; synchronously</li> <li>## Complete required pre-seminar activities</li> <li>## Read or listen to book and discuss <i>Disability Visibility: First Person Stories in the Twenty-First Century</i></li> <li>## Participate in Squad meetings and discussions</li> </ul>

INTERDISCIPLINARY PRACTICE

Learning Objectives	Required Activities
<p><b>Describe</b> the roles and contributions of various clinical disciplines including persons with lived experience</p> <p><b>Explain</b> the value of interdisciplinary team</p> <p><b>Discuss</b> communication strategies to support collaborative team practice, to include conflict resolution as needed</p>	<ul style="list-style-type: none"> <li>## Attend UW LEND seminars; synchronously or asynchronously</li> <li>## Participate in December UW LEND Workshop; synchronously</li> <li>## Complete required pre-seminar activities</li> <li>## Participate in Squad meetings and discussions</li> </ul> <p>Complete <b>at least one</b> of the following clinical options:</p> <ul style="list-style-type: none"> <li>## Participate in CTU/LEND interdisciplinary clinic</li> <li>## Observe in a CTU/LEND interdisciplinary clinic</li> <li>## Describe interdisciplinary clinical experiences in your community or worksite; discuss with mentor</li> </ul> <p>Attend <b>at least one</b> interdisciplinary case discussion, choose from:</p> <ul style="list-style-type: none"> <li>## Child Development Clinic (CDC) individual case discussion</li> <li>## Clinic case discussions in either Infant Development Follow-Up Clinic (IDFC) or Cardiac Neurodevelopment Clinic (CNC)</li> <li>## Alternative interdisciplinary case discussion; discuss with mentor</li> </ul>

ADVOCACY









Learning Objectives	Required Activities
<p><b>Describe</b> the need and call to advocate for persons with disabilities</p>	<ul style="list-style-type: none"> <li>## Participate in the November UW LEND Workshop; synchronously</li> </ul>

<p>and their families</p> <p><b>Identify</b> everyday advocacy actions that caregivers, self advocates &amp; providers take on behalf of individuals with I/DD/ASD &amp; their community</p> <p><b>Understand</b> WA State legislative process and ways to contribute your voice, knowledge, and/or lived experience</p> <p><b>Follow</b> legislative action at state and/or federal level pertaining to policy for the developmental disability community</p>	<p>## Complete required pre-seminar activities</p> <p>## Prepare &amp; deliver an advocacy pitch on a legislative or policy priority</p> <p>## Identify your local, State, Federal legislative representatives</p> <p>## <a href="#">Sign up for the Washington Arc Action Alerts</a> <b>OR</b></p> <p>## <a href="#">King County Arc Advocacy Alerts</a></p> <p>## Discuss and reflect with mentor advocacy actions you took this quarter in your clinical practice or your role as caregiver/SA.</p>
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### LEADERSHIP

Learning Objectives	Required Activities
<p><b>Become</b> familiar with your personal leadership strengths and identify areas you wish to grow</p> <p><b>Appreciate</b> the variety of ways leadership opportunities may present themselves</p> <p><b>Track</b> your own leadership growth and individual goals related to leadership development</p>	<p>## Meet with Faculty Mentor to review learning goals and intentions</p> <p>## Identify a leadership opportunity you will participate in the UW LEND year, discuss with Faculty Mentor</p> <p>## Identify the topic for your Leadership Project</p> <p>## <a href="#">Participate in UW LEND Fall Quarter Adolescent Transition Overview Sessions</a></p> <p>## <a href="#">Attend one ECHO session or view a recorded ECHO session</a></p> <p>## Meet with Faculty Mentor at the end of the quarter</p> <p>## <a href="#">Complete the Fall Quarter Reflection Form and Feedback</a></p> <p>## Participate in <a href="#">1 Roots 2 Wings Adolescent Transition Seminar</a> <b>OR</b> alternative as arranged with mentor</p>

### IMPORTANT INFORMATION

			Symbols Key		
	Orientation	Monday September 9th, 2024	Haring Center, CD 150	 Website	 Listen
	In-person session	First Monday of each month 12:30 to 3:30pm (starting October)	Haring Center, CD 150	 Watch	 Read
	Adolescent Overview	2nd Monday each Quarter from 2:30 to 3:30pm	<a href="https://washington.zoom.us/j/92466210505">https://washington.zoom.us/j/92466210505</a>		
	Zoom session	All other Mondays from 12:30 to 1:45pm	<a href="https://washington.zoom.us/j/92466210505">https://washington.zoom.us/j/92466210505</a>		




### SEMINAR SCHEDULE

Date	Topic	Prepare	Additional Learning	
<b>SEPTEMBER</b>				
 9/9/2024 9:00am-4:00pm UW Haring Center	<b>UW LEND ORIENTATION</b>	<p><i>Prepare</i></p> <p>## <a href="#">Complete UW LEND Required Onboarding Steps</a></p>	<i>General Knowledge</i>	<i>Challenge Yourself</i>
 9/16/2024	<b>UW LEND Overview: Explore UW LEND</b>	<i>Prepare</i>	<i>General Knowledge</i>	<i>Challenge Yourself</i>

<p>12:30-1:45pm</p>	<p>Trainee Tools</p> <p><b>Presenter:</b> Sue Wendel</p>	<ul style="list-style-type: none"> <li> ## <a href="#">Explore the UW LEND website and calendar</a></li> <li> ## <a href="#">Explore the IHDD calendar and events</a></li> <li> ## <a href="#">Review the UW LEND syllabus</a></li> <li> ## <a href="#">Familiarize yourself with MCH Leadership Competencies 4.5</a></li> </ul>	<ul style="list-style-type: none"> <li> ## <a href="#">Explore the National LEND Network</a></li> <li> ## <a href="#">Explore the AUCD Emerging Leaders network and resources</a></li> <li> ### <a href="#">Learn about AUCD (Association of University Centers on Disabilities)</a></li> <li> ### <a href="#">Complete E-learning Modules: Autism CARES Act 101</a></li> </ul>								
<p> 9/23/2024 12:30-1:45pm</p>	<p><b>Compassionate Leadership</b></p> <p><b>Presenter:</b> Laura Crooks, CEO at Yakima Children's Village</p>	<p><i>Prepare</i></p>	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%;"><i>General Knowledge</i></td> <td style="width: 50%;"><i>Challenge Yourself</i></td> </tr> <tr> <td> ## <a href="#">Heart of Compassion YouTube (3min)</a></td> <td> ### <a href="#">Schwartz Center for Compassionate Healthcare</a></td> </tr> <tr> <td></td> <td> ### <a href="#">Institute for Health Care Improvement – Joy in Work</a></td> </tr> <tr> <td></td> <td> ### <a href="#">Dare to Lead: Brave Work, Tough Conversations. Brené Brown, (2018)</a></td> </tr> </table>	<i>General Knowledge</i>	<i>Challenge Yourself</i>	## <a href="#">Heart of Compassion YouTube (3min)</a>	### <a href="#">Schwartz Center for Compassionate Healthcare</a>		### <a href="#">Institute for Health Care Improvement – Joy in Work</a>		### <a href="#">Dare to Lead: Brave Work, Tough Conversations. Brené Brown, (2018)</a>
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<p> 9/30/2024 12:30-1:45pm</p>	<p><b>Improving Community Capacity to Care for Individuals with I/DD/ASD</b></p> <p><b>Presenters:</b> Karis Casagrande, PhD Jim Mancini, MS, CCC-SLP</p>	<p><i>Prepare</i></p> <ul style="list-style-type: none"> <li> ## <a href="#">All-LEND Reads: Disability Visibility (Part One pg. 3-84) Link to Assignment</a></li> <li> ## <a href="#">Review UW LEND ECHO requirement &amp; sign up</a></li> </ul>	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%;"><i>General Knowledge</i></td> <td style="width: 50%;"><i>Challenge Yourself</i></td> </tr> <tr> <td> ## <a href="#">Explore the Washington INCLUDE website</a></td> <td> ### <a href="#">Read scholarly research on ECHO outcomes</a></td> </tr> <tr> <td> ## <a href="#">Learn more about Project ECHO model</a></td> <td> ### <a href="#">Visit Washington State Medical Home website, explore community capacity building projects &amp; leadership opportunities</a></td> </tr> </table>	<i>General Knowledge</i>	<i>Challenge Yourself</i>	## <a href="#">Explore the Washington INCLUDE website</a>	### <a href="#">Read scholarly research on ECHO outcomes</a>	## <a href="#">Learn more about Project ECHO model</a>	### <a href="#">Visit Washington State Medical Home website, explore community capacity building projects &amp; leadership opportunities</a>		
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<p> 9/30/2024 2:30-3:30pm</p>	<p><b>LEND Overview:</b> Fall Quarter Adolescent Transition Curriculum</p> <p><b>Facilitator:</b> Tara Pettersson</p>	<p><i>Prepare</i></p> <ul style="list-style-type: none"> <li> ## <a href="#">Visit UW LEND Adolescent Transition Webpage</a></li> </ul>	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%;"><i>General Knowledge</i></td> <td style="width: 50%;"><i>Challenge Yourself</i></td> </tr> <tr> <td> ## Visit additional Adolescent Transition seminar resources</td> <td></td> </tr> </table>	<i>General Knowledge</i>	<i>Challenge Yourself</i>	## Visit additional Adolescent Transition seminar resources					
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<b>OCTOBER</b>											
<p> 10/7/2024 12:30-3:30pm</p>	<p><b>Conversations on Disability:</b> Perspectives from the Lived Experience</p> <p><b>Facilitator:</b> UW LEND Faculty &amp; Panel Presentation</p>	<p><i>Prepare</i></p> <ul style="list-style-type: none"> <li> ## <a href="#">All-LEND Reads: Disability Visibility (Part Two pg. 85-141) Link to Assignment</a></li> </ul>	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%;"><i>General Knowledge</i></td> <td style="width: 50%;"><i>Challenge Yourself</i></td> </tr> <tr> <td> ## <a href="#">Identity-first vs. person-first language is an important distinction</a></td> <td> ### <a href="#">Demystifying Disability: What to Know, What to Say, and How to Be an Ally by Emily Ladau</a></td> </tr> </table>	<i>General Knowledge</i>	<i>Challenge Yourself</i>	## <a href="#">Identity-first vs. person-first language is an important distinction</a>	### <a href="#">Demystifying Disability: What to Know, What to Say, and How to Be an Ally by Emily Ladau</a>				
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		<p> ## <a href="#">Preview this Yvonne Newbold TED Talk</a></p> <p> ## <a href="#">Bad News and Good News People with Disabilities Need to Hear Today (9 min)</a></p>	<p> ## <a href="#">Ableist Language and Alternatives</a></p> <p> ## <a href="#">Plain Language version of Demystifying Disability</a></p>
10/14/2024 12:30-1:45pm	<p><b>A Look at Models of Care in Healthcare:</b> Dismantling Ableism</p> <p><b>Presenters:</b> UW Disability Studies Faculty Heather Evans, PhD Heather Feldner, PT, PhD</p>	<p><b>Prepare</b></p> <p> ## <a href="#">All-LEND Reads: Disability Visibility (Part Three pg. 149-226) Link to Assignment</a></p> <p> ## <a href="#">Drunk History: Judith Huemann’s Fight for Disability Rights (8 min)</a></p> <p> ## <a href="#">I’m Not Your Inspiration/ Stella Young YouTube (9min)</a></p> <p> ## <a href="#">Social Model Animation (2 min)</a></p> <p> ## <a href="#">Defining Ableism (7min)</a></p>	<p><b>General Knowledge</b></p> <p> ## <a href="#">“The Stairs Didn’t Go Anywhere”</a></p> <p> ## <a href="#">A Brief History of the Disability Rights Movement (14 min)</a></p> <p> ## <a href="#">Disability Rights Activists on the Power- And Where it Falls Short (8 min)</a></p> <p><b>Challenge Yourself</b></p> <p> ## <a href="#">Watch the film Crip Camp (2 hrs)</a></p> <p> ## <a href="#">Explore Disability Equity Resource List</a></p> <p> ## <a href="#">Healthcare for adults with I/DD: Toolkit for Primary Care Providers</a></p> <p> ## <a href="#">Disability Visibility Podcast, hosted by disability activist Alice Wong</a></p>
10/21/2024 12:30-1:45pm	<p><b>All-LEND Reads – Discussion:</b> Disability Visibility First-Person Stories from the Twenty-First Century</p> <p><b>Facilitator:</b> UW LEND Faculty</p>	<p><b>Prepare</b></p> <p> ## <a href="#">All-LEND Reads: Disability Visibility (Part Four pg. 227-275) Link to Assignment</a></p>	<p><b>General Knowledge</b></p> <p> ## <a href="#">Visit Disability Visibility Project Website</a></p> <p> ## Read a book/article, listen to a pod cast, join a Facebook group on topics of disability justice and ableism; share with UW LEND trainees</p> <p><b>Challenge Yourself</b></p> <p> ## <a href="#">Disability Visibility: Adapted for Young Adults</a></p> <p> ## <a href="#">Year of the Tiger: An Activists Life</a></p>
10/28/2024 12:30-1:45pm	<p><b>Introduction to UW LEND Leadership Project Requirement</b></p> <p><b>Format:</b> Squad Discussion</p>	<p><b>Prepare</b></p> <p> ## <a href="#">Review requirements for Leadership Project</a></p>	<p><b>General Knowledge</b></p> <p> ## <a href="#">Tips for Finding Evidence and Conducting Lit Review</a></p> <p><b>Challenge Yourself</b></p>
<b>NOVEMBER</b>			
11/4/2024 12:30-3:30pm	<p><b>Introduction to Advocacy:</b> Why it Matters and How to Take Action</p> <p><b>Facilitators:</b> Cathy Murahashi, <i>Advocacy &amp;</i></p>	<p><b>Prepare</b></p> <p> ## <a href="#">Identify your Federal &amp; State Legislative Representatives</a></p>	<p><b>General Knowledge</b></p> <p> ## <a href="#">Arc of Washington Advocacy Resources</a></p> <p><b>Challenge Yourself</b></p> <p> ## View advocacy resources for your professional organization</p>

	<p><i>Policy Specialist</i>  <i>The Arc Washington State</i>  Panel of WA Stakeholders  UW LEND Faculty</p>	<p>👁️ ## Sign up for Arc legislative alerts (below):</p> <p><a href="#">The Arc of Washington State</a></p> <p><a href="#">Arc of King County</a></p> <p>Look up Arc resources in your own county</p>	<p>👁️ ## <a href="#">WA Self Advocates in Leadership (SAIL)</a></p> <p>📺 ## <a href="#">Tuesdays with Liz: Disability Policy for All</a></p> <p>📖 ## <a href="#">Policy Terms in Plain Language</a></p> <p>👁️ ## Follow your legislator(s) on social media</p>	<p>👁️ ### <a href="#">AUCD Disability Policy News (bi-weekly newsletter)</a></p> <p>👁️ ### <a href="#">AUCD Disability Policy News</a></p>
<b>X</b>	<p>11/11/2024  <b>NO Seminar</b>  Veteran's Day Holiday</p>			
📺	<p>11/18/2024  12:30-1:45pm</p> <p><b>Conversations on Disability: Perspectives from the Lived Experience</b></p> <p><b>Facilitator: UW LEND Faculty &amp; Panel Presentation</b></p>	<p><b>Prepare</b></p> <p>📖 ## Prepare an advocacy elevator pitch with small group; come prepared to share/discuss</p>	<p><b>General Knowledge</b></p> <p>👁️ ## <a href="#">PAVE: Tell Your Story: Inspire Action in Two Minutes</a></p>	<p><b>Challenge Yourself</b></p> <p>👁️ ## Make plans to participate in The Arc of Washington Legislation Days</p> <p>👁️ ## <a href="#">Attend a Self Advocates in Leadership Meeting (SAIL). Contact Ivanova Smith</a></p>
📺	<p>11/25/2024  12:30-1:45pm</p> <p><b>Clinical Disability Ethics</b></p> <p><b>Presenters:</b> James Kirkpatrick, MD  Thanh Kirkpatrick, MD</p>	<p><b>Prepare</b></p>	<p><b>General Knowledge</b></p> <p>📖 ## <a href="#">Clinical Ethics 4-Box Paradigm</a></p>	<p><b>Challenge Yourself</b></p> <p>📖 ## <a href="#">UWMC Ethics in Medicine: Clinical Ethics Resources &amp; Tools</a></p> <p>📖 ## <a href="#">Clinical Ethics: A Practical Approach to Ethical Decision Making.</a></p>
<b>DECEMBER</b>				
👥	<p>12/2/2024  12:30-3:30pm</p> <p><b>Interdisciplinary Team Practice: Applying a Strengths Based Lens</b></p> <p><b>Facilitator:</b> UW LEND Trainees &amp; Faculty</p>	<p><b>Prepare</b></p> <p>📺 ## <a href="#">Understanding and Interpreting Standardized Test Results</a></p> <p>📺 ## <a href="#">View Recording: Introduction to interdisciplinary teams</a></p>	<p><b>General Knowledge</b></p> <p>📺 ## <a href="#">Video Abstract: Interdisciplinary Team Evaluation: An Effective Method for the Diagnostic Assessment of Autism Spectrum Disorder (7 min)</a></p> <p>📺 ## <a href="#">What is International Classification of Functioning? (ICF) (3 min)</a></p>	<p><b>Challenge Yourself</b></p> <p>📺 ## <a href="#">Principles for Team Care for Children with Developmental Disabilities, Chapter 23</a></p> <p>📺 ## <a href="#">WHO: Beginners Guide to ICF</a></p> <p>👁️ ## <a href="#">Can Child: ICF Resources</a></p>
📺	<p>12/9/2024</p> <p><b>Interdisciplinary Team &amp; Interagency</b></p>	<p><b>Prepare</b></p>	<p><b>General Knowledge</b></p>	<p><b>Challenge Yourself</b></p>

<p>12:30-1:45pm</p>	<p><b>Collaboration:</b> Introduction to CASCADES</p> <p><b>Facilitators:</b> Felice Orlich, PhD Thanh Nguyen, PhD</p>	<p> <a href="#">Cascades Information Flyer</a></p>	<p> <a href="#">Shahidullah, et al.(2020) Cooringaning Acutism Care Across Schools and Medical Settings</a></p> <p> <a href="#">Quick, et al. (2024) School Clinic Collaboration to Improve Equitalbe, Efficient Austim Identication</a></p>
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**Fall Quarter Break - Seminars Resume Monday, January 6, 2025**