

Kara Ikeda, MPH, she/her

Nutrition Trainee



Hometown: Kent, WA

Recent Education: UW MPH & GCPD, Class of 2024

Experience:

- Clinical rotations at IHDD as part of dietetic internship
- Prior experience working for the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)

LEND Goals: Excited to learn about advocacy, leadership, and interdisciplinary collaboration to best support the families I work with each day

Hobbies: tennis, paddleboarding, traveling, and spending time with my dog, Boomer