## Anisha Rastogi, MD, PhD (she / her) Pediatric Resident Physician



I grew up all over the Midwest and moved out West for the first time to pursue residency. In a former life, I earned a PhD in brain-computer interfaces and was on track to develop new technologies as a physician scientist for adults with physical disabilities. Since then, I fell in love with kids and found that my true gift was to hold space for families facing illness and disability. I saw myself in children who were neurodivergent like me, in their parents who had not been diagnosed in childhood, and in all people with chronic conditions that were difficult to pin down. My vision is to serve neurodivergent people across the lifespan, and in a holistic way. I am so honored to be a part of LEND and look forward to learning how facilitate more timely and integrated care for people with disabilities.

Outside of work, I enjoy snuggling with my cat, beach bumming, reading spiritual novels and young adult literature, crocheting, drawing, writing fiction, discovering new restaurants, and walking in nature (minus the elevation gain, haha). I am also a fan of children's cartoons, including Bluey, the Owl House, and Steven Universe.