

KNOWLEDGE AREAS

DIVERSITY, EQUITY, AND INCLUSION

Learning Objectives	Required Activities
<p>Practice cultural humility with increased self-awareness of racial, ethnic, and class biases</p> <p>Describe the historical roots of systemic racism and identify strategies to address institutional/system racial biases</p> <p>Describe the intersection of race and culture within neurodiversity and the impact of racial trauma</p> <p>Identify factors in health and social inequities experienced by individuals with developmental disability and discuss strategies to address</p> <p>Discuss the intersections of gender identity, neurodiversity, and developmental disability</p> <p>Discuss the co-occurrence of behavioral/mental health challenges for individuals with developmental disability and implications for your practice</p>	<ul style="list-style-type: none"> ## Attend UW LEND seminars; synchronously or asynchronously ## Participate in February UW LEND Workshop; synchronously ## Participate in March UW LEND Workshop; synchronously ## Complete required pre-seminar or workshop activities as assigned ## Participate in Squad meetings and discussions

FAMILY-/PERSON-CENTERED CARE

Learning Objectives	Required Activities
<p>Practice using tools and strategies for person-/family centered interview and communication</p> <p>Modify and attune your communication with families based on their unique perspectives: culture, race, health literacy, personal stories, and experience</p> <p>Discuss the cultural values and perspectives of a neurodevelopmental diagnosis and the meaning this may have for a family of non-dominant culture</p> <p>Engage in shared collaboration with families in the decision-making process</p>	<ul style="list-style-type: none"> ## Attend UW LEND seminars and workshops that include panel presentations with ## Reflect on your personal growth in family-/person- centered care in Winter Quarter Reflection

RESEARCH and CRITICAL THINKING

Learning Objectives	Required Activities
<p>Discuss the role and value of translational research in clinical practice and to support system change</p>	<ul style="list-style-type: none"> ## Participate in the January UW LEND Workshop; synchronously ## Complete literature review for leadership project, share with your mentor








<p>Use criteria to evaluate research data and other evidence for application in clinical practice and other decisions</p> <p>Appreciate strategies for centering people with lived experience in research design</p> <p>Use plain language to relay research findings when informing families or self-advocates</p> <p>Engage in using literature and evidence search tools</p>	<p>## Practice sharing technical information, such as research evidence, to a caregiver or self-advocate using plain language; discuss with mentor</p>
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INTERDISCIPLINARY CLINICAL PRACTICE


Learning Objectives	Required Activities
<p>Participate and/or experience interdisciplinary clinical practice in the setting of diagnostic assessment or at-risk monitoring</p> <p>Modify and attune your communication with families based on their unique perspectives: culture, race, health literacy, personal stories and experience</p> <p>Engage in shared collaboration with families in the decision-making process</p>	<p>Complete at least one of the following clinical options:</p> <ul style="list-style-type: none"> ## Participate in CTU/LEND interdisciplinary clinic ## Observe in a CTU/LEND interdisciplinary clinic ## Describe interdisciplinary clinical experiences in your community or worksite; <p>Attend at least one interdisciplinary case discussion, choose from:</p> <ul style="list-style-type: none"> ## Child Development Clinic (CDC) individual case discussion ## Clinic case discussions in either Infant Development Follow-Up Clinic (IDFC) or ## Alternative interdisciplinary case discussion; discuss with mentor

LEADERSHIP

Learning Objectives	Required Activities
<p>Appreciate the variety of ways leadership opportunities may present themselves</p> <p>Track your own leadership growth and individual goals related to leadership development</p>	<ul style="list-style-type: none"> ## Meet with Faculty Mentor at beginning of the quarter to review learning intentions ## Continue progress on leadership project; complete literature review ## Participate in ≥ 4 Adolescent Transition Seminars synchronously during the LEND ## Attend one ECHO session or view a recorded ECHO session ## Meet with Faculty Mentor at the end of the quarter ## Complete the Winter Quarter Reflection Form and Feedback; reflect on ## Participate in the PacWest Regional Trainee Conference March 7, 2025 ## Encouraged: Attend Annual Duncan Seminar March 21, 2025

IMPORTANT INFORMATION			Symbols Key		
	In-person session	First Monday of the month from 12:30 to 3:30 (starting October)	Haring Center, CD 150	 Explore	 Listen
	Adolescent Overview	2nd Monday each Quarter from 2:30 to 3:30pm	https://washington.zoom.us/j/92466210505	 Watch	 Read
	Zoom session	All other Mondays from 12:30 to 1:45	https://washington.zoom.us/j/92466210505		

SEMINAR SCHEDULE

Date	Topic	Prepare	Additional Learning
 1/6/2025 12:30pm-	Research: So What? Why Does it Matter?	Prepare	General Knowledge Challenge Yourself

3:30pm	Facilitator: Sunny Juul, MD Julia Mattson, MD Shawnda Hicks	## Explore resource activities of the UW IHDD and Intellectual Disabilities Research Center (IDDRC)	## AIR-P LEND Seminar Series for LEND trainees: Overview of the six research nodes, gaps in the research, and future	## Handbook: Lived Experience in Health Care & Health Systems Research (2023)
1/13/2025 12:30-1:45pm	Cultural Perspectives of Developmental Disability: Voices of Lived Experience Facilitator: Caregiver Panel	Prepare ## PacWest Learning Module 9: Disability from a Cultural Perspective (39 min) ## PacWest Learning Module 5: Serving the Spanish-speaking ASD Community (26 min) ## PacWest Learning Module 6: Down Syndrome in the Latinx Community (20 min)	General Knowledge ## Familiarize yourself with WA State resources for multicultural families caring for a loved one with I/DD (such as Open Doors and WA Multicultural Link-Our Team)	Challenge Yourself ## Family Voices: Growing Your Capacity to Engage Diverse Communities
1/13/2025 2:30-3:30pm	LEND Overview: Winter Quarter Adolescent Transition Curriculum Facilitator: Tara Pettersson	Prepare ## Visit UW LEND Adolescent Transition Webpage, Password XXX	General Knowledge ## Visit additional Adolescent Transition seminar resources	Challenge Yourself
1/20/2025	NO Seminar Martin Luther King Day Holiday			
1/27/2025 12:30-1:45pm	Cultural Humility: Exploring Your Personal Cultural Script Facilitator: Mollie Royer, LICSW	Prepare ## Review the handout and consider your personal responses. Come prepared to further complete and discuss in seminar (download handout)	## See workshop 2/3/2025	## See workshop 2/3/2025
FEBRUARY				
2/3/2025 12:30-3:30pm	Exploring Diversity & Equity: Managing Implicit Bias to Promote Health Equity	Prepare	General Knowledge	Challenge Yourself

	<p>Facilitator: Freda Liu, PhD</p>	<p>📖 ## Take the Harvard Implicit Association Test on Race; take additional tests as desired</p>	<p>📺 ## Implicit Bias Explained (1.2 minutes)</p>	<p>📖 ## Explore extensive resources of Georgetown University National Center for Cultural Competence</p>
			<p>📖 ## Explore resources of AUCD Equity, Diversity & Inclusion Hub</p>	<p>📖 ## Freda F. Liu, et al (2022). A Brief Online Implicit Bias Intervention for School Mental Health Clinicians. Int J Environ Res Public Health. 19(2), 679.</p>
📺 2/10/2025 12:30-1:45pm	Squad Meet-Up: Leadership Project Progress	<p>📖 Prepare</p> <p>📺 ## Come prepared to discuss progress on your project, title for project, and how you hope to present at the UW LEND Symposium</p>	<p>📖 General Knowledge</p>	<p>📖 Challenge Yourself</p>
			##	##
2/17/2025	NO Seminar Presidents' Day Holiday			
📺 2/24/2025 12:30-1:45pm	<p>Current Trends in Applied Behavioral Analysis: Affirming Neurodiversity</p> <p>Facilitators: Katherine Bateman, PhD, BCBA-D, Haring Center Lucas Harrington, PhD UW Autism Center Nancy Rosenberg, PhD, BCBA-D, UW School of Education</p>	<p>Prepare</p> <p>📖 ## Explore the Autism Society's evidence-based interventions website, specifically their "Making informed Decisions: ABA Toolkit for families" (plain language version here)</p>	<p>General Knowledge</p> <p>📖 ## Tips for Choosing a Provider for Applied Behavioral Analysis (Univ of Indiana)</p> <p>📖 ## Finding the Right Autism Services for Your Child (UW Autism Center)</p>	<p>Challenge Yourself</p> <p>📺 ## ABA: What Parents Need to Know; Seattle Children's Autism 200 Series webinar (1hr 30min; begin watching at 3:20)</p> <p>📺 ## Arc of King County's Unpacking the ABA Debate (3 part Series); recorded conversations with Autistic people, parents and professionals.</p>

6, 2025			## Penney, AM, Bateman KJ, Veverka Y, et al. Compassion: The Eighth Dimension of Applied Behavior Analysis. Behav Analysis Practice (2023).				
MARCH							
3/3/2025 12:30-3:30pm	Supporting Those at the Intersection of Developmental Disability & Mental Health Facilitator: Karis Casagrande, PhD	<i>Prepare</i> ## PacWest Learning Module 2: Intersection of I/DD and Mental Health (42 min)	<table border="1"> <thead> <tr> <th data-bbox="1203 402 1438 451"><i>General Knowledge</i></th> <th data-bbox="1438 402 1709 451"><i>Challenge Yourself</i></th> </tr> </thead> <tbody> <tr> <td data-bbox="1203 451 1438 678"> ## Let's Talk: The Intersection of Intellectual and Developmental Disabilities, Behavior, and Mental Health (Report by The Arc) </td> <td data-bbox="1438 451 1709 678"> ## Attend the virtual spring 2024 Mental Health Institute: Intellectual and Developmental Disabilities (IDD) training track </td> </tr> </tbody> </table>	<i>General Knowledge</i>	<i>Challenge Yourself</i>	## Let's Talk: The Intersection of Intellectual and Developmental Disabilities, Behavior, and Mental Health (Report by The Arc)	## Attend the virtual spring 2024 Mental Health Institute: Intellectual and Developmental Disabilities (IDD) training track
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3/10/2025 12:30-1:45pm	Intersection: Gender Identity & DD/ASD Facilitator: Felice Orlich, PhD	<i>Prepare</i> ## PacWest Learning Module 7: Autism & Transgender Health (34 min) ##	<table border="1"> <thead> <tr> <th data-bbox="1203 678 1438 727"><i>General Knowledge</i></th> <th data-bbox="1438 678 1709 727"><i>Challenge Yourself</i></th> </tr> </thead> <tbody> <tr> <td data-bbox="1203 727 1438 1242"> ## Explore the Autistic Women and Nonbinary Network (AWN) information and resource page ## </td> <td data-bbox="1438 727 1709 1242"> ## Derek G. Bouman, W. Jones, B. Arcelus, J. (2016). Gender Dysphoria and Autism Spectrum Disorder: A Systemic Review of Literature. Sex Med Rev; 4: 3-14. ## Cooper, K., Mandy, W., Butler, C, Russell, A. (2022). The Lived Experience of Gender Dysphoria in Autistic Adults: An Interpretive Phenomenological Analysis. Autism. Vol26(4) 963-974. </td> </tr> </tbody> </table>	<i>General Knowledge</i>	<i>Challenge Yourself</i>	## Explore the Autistic Women and Nonbinary Network (AWN) information and resource page ##	## Derek G. Bouman, W. Jones, B. Arcelus, J. (2016). Gender Dysphoria and Autism Spectrum Disorder: A Systemic Review of Literature. Sex Med Rev; 4: 3-14. ## Cooper, K., Mandy, W., Butler, C, Russell, A. (2022). The Lived Experience of Gender Dysphoria in Autistic Adults: An Interpretive Phenomenological Analysis. Autism. Vol26(4) 963-974.
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3/17/2025 12:30-1:45pm	UW LEND Seminar: Case Study Activity Presenter: UW LEND Faculty	<i>Prepare</i> ##	<table border="1"> <thead> <tr> <th data-bbox="1203 1242 1438 1291"><i>General Knowledge</i></th> <th data-bbox="1438 1242 1709 1291"><i>Challenge Yourself</i></th> </tr> </thead> <tbody> <tr> <td data-bbox="1203 1291 1438 1414">##</td> <td data-bbox="1438 1291 1709 1414">##</td> </tr> </tbody> </table>	<i>General Knowledge</i>	<i>Challenge Yourself</i>	##	##
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Winter Quarter Break - Seminars Resume Monday, March 31, 2025