


WINTER 2025 Syllabus

KNOWLEDGE AREAS

DIVERSITY, EQUITY, AND INCLUSION

Learning Objectives	Required Activities
<p>Practice cultural humility with increased self-awareness of racial, ethnic, and class biases</p> <p>Describe the historical roots of systemic racism and identify strategies to address institutional/system racial biases</p> <p>Describe the intersection of race and culture within neurodiversity and the impact of racial trauma</p> <p>Identify factors in health and social inequities experienced by individuals with developmental disability and discuss strategies to address</p> <p>Discuss the intersections of gender identity, neurodiversity, and developmental disability</p> <p>Discuss the co-occurrence of behavioral/mental health challenges for individuals with developmental disability and implications for your practice</p>	<p>## Attend UW LEND seminars; synchronously or asynchronously</p> <p>## Participate in February UW LEND Workshop; synchronously</p> <p>## Participate in March UW LEND Workshop; synchronously</p> <p>## Complete required pre-seminar or workshop activities as assigned</p> <p>## Participate in Squad meetings and discussions</p>








FAMILY-/PERSON-CENTERED CARE

Learning Objectives	Required Activities
<p>Practice using tools and strategies for person-/family centered interview and communication</p> <p>Modify and attune your communication with families based on their unique perspectives: culture, race, health literacy, personal stories, and experience</p> <p>Discuss the cultural values and perspectives of a neurodevelopmental diagnosis and the meaning this may have for a family of non-dominant culture</p> <p>Engage in shared collaboration with families in the decision-making process</p>	<p>## Attend UW LEND seminars and workshops that include panel presentations with</p> <p>## Reflect on your personal growth in family-/person- centered care in Winter Quarter Reflection</p>





RESEARCH and CRITICAL THINKING	
Learning Objectives	Required Activities
<p>Discuss the role and value of translational research in clinical practice and to support system change</p> <p>Use criteria to evaluate research data and other evidence for application in clinical practice and other decisions</p> <p>Appreciate strategies for centering people with lived experience in research design</p> <p>Use plain language to relay research findings when informing families or self-advocates</p> <p>Engage in using literature and evidence search tools</p>	<ul style="list-style-type: none"> ## Participate in the January UW LEND Workshop; synchronously ## Complete literature review for leadership project, share with your mentor ## Practice sharing technical information, such as research evidence, to a caregiver or self-advocate using plain language; discuss with mentor











INTERDISCIPLINARY CLINICAL PRACTICE	
Learning Objectives	Required Activities
<p>Participate and/or experience interdisciplinary clinical practice in the setting of diagnostic assessment or at-risk monitoring</p> <p>Modify and attune your communication with families based on their unique perspectives: culture, race, health literacy, personal stories and experience</p> <p>Engage in shared collaboration with families in the decision-making process</p>	<p>Complete at least one of the following clinical options:</p> <ul style="list-style-type: none"> ## Participate in CTU/LEND interdisciplinary clinic ## Observe in a CTU/LEND interdisciplinary clinic ## Describe interdisciplinary clinical experiences in your community or worksite; <p>Attend at least one interdisciplinary case discussion, choose from:</p> <ul style="list-style-type: none"> ## Child Development Clinic (CDC) individual case discussion ## Clinic case discussions in either Infant Development Follow-Up Clinic (IDFC) or ## Alternative interdisciplinary case discussion; discuss with mentor











LEADERSHIP	
Learning Objectives	Required Activities
<p>Appreciate the variety of ways leadership opportunities may present themselves</p> <p>Track your own leadership growth and individual goals related to leadership development</p>	<ul style="list-style-type: none"> ## Meet with Faculty Mentor at beginning of the quarter to review learning ## Continue progress on leadership project; complete literature review ## Participate in ≥ 4 Adolescent Transition Seminars synchronously during the LEND ## Attend one ECHO session or view a recorded ECHO session ## Meet with Faculty Mentor at the end of the quarter ## Complete the Winter Quarter Reflection Form and Feedback; reflect on ## Participate in the PacWest Regional Trainee Conference March 7, 2025 (virtual) ## Encouraged: Attend Annual Duncan Seminar March 21, 2025 (virtual) Register Here "Demystifying the Taboo: Disability, Sexuality & Empowerment"











IMPORTANT INFORMATION		Symbols Key	
 In-person session	First Monday of the month from 12:30 to 3:30 <i>(starting October)</i>	Haring Center, CD 150	 Explore  Listen
 Adolescent Overview	2nd Monday each Quarter from 2:30 to 3:30pm	https://washington.zoom.us/j/92466210505	 Watch  Read
 Zoom session	All other Mondays from 12:30 to 1:45	https://washington.zoom.us/j/92466210505	

Note: The PacWest Learning Modules are assigned as a preparation activity for some of the Winter Quarter seminars. Below you will find the updated links to prepare for the 1/13, 3/3 and 3/10 UW LEND Seminars. [Click here if you would like to view additional modules.](#)

SEMINAR SCHEDULE			
Date	Topic	Prepare	Additional Learning
JANUARY			
 1/6/2025 12:30pm-3:30pm	Research: So What? Why Does it Matter? Facilitator: Sunny Juul, MD Julia Mattson, MD Mark Harniss, PhD	Prepare  # Explore resource activities of the UW IHDD and Intellectual Disabilities Research Center (IDDRC)	General Knowledge  # Participate in an AIR- Flipped Classroom webinar Challenge Yourself  # Handbook: Lived Experience in Health Care & Health Systems Research (2023)  # Plan to participate in or attend IHDD Research Day May 12, 2025
 1/13/2025 12:30-1:45pm	Cultural Perspectives of Developmental Disability: Voices of Lived Experience Facilitator: Caregiver Panel	Prepare  # PacWest Learning Module 9: Disability from a Cultural Perspective (39 min)	General Knowledge  # Familiarize yourself with WA State resources for multicultural families Challenge Yourself  # Family Voices: Growing Your Capacity to Engage Diverse Communities


		<ul style="list-style-type: none">  # After you watch a PacWest Module provide feedback  # PacWest Learning Module 5: Serving the Spanish-speaking ASD Community (26 min)  # After you watch a PacWest Module provide feedback  # PacWest Learning Module 6: Down Syndrome in the Latinx Community (20 min)  # After you watch a PacWest Module provide feedback 	<p>caring for a loved one with I/DD (such as Open Doors and WA Multicultural Link-Our Team)</p> <p> # Do you have a resource for multicultural families? Share with Sue Wendel; we will announce in a UW LEND Trainee Newsletter</p>
 1/13/2025 2:30-3:30pm	<p>LEND Overview: Winter Quarter Adolescent Transition Curriculum</p> <p>Facilitator: Tara Pettersson</p>	<p><i>Prepare</i></p> <p> # Sign Up for a Winter Quarter Roots2Wings Speaker Session</p>	<p><i>General Knowledge</i> <i>Challenge Yourself</i></p>
 1/20/2025	<p>NO Seminar Martin Luther King Day Holiday</p>		
 1/27/2025 12:30-1:45pm	<p>Cultural Humility: Exploring Your Personal Cultural Script</p>	<p><i>Prepare</i></p>	<p><i>General Knowledge</i> <i>Challenge Yourself</i></p>

	Facilitator: Mollie Royer, LICSW	 # Review the handout and consider your personal responses. Come prepared to further complete and discuss in seminar (download handout)	 # See workshop 2/3/2025	 # See workshop 2/3/2025
FEBRUARY				
 2/3/2025 12:30-3:30pm	Exploring Diversity & Equity: Managing Implicit Bias to Promote Health Equity Facilitator: Freda Liu, PhD	Prepare  # Take the Harvard Implicit Association Test on Race; take additional tests as desired	General Knowledge  # Implicit Bias Explained (1.2 minutes)  # Explore resources of AUCD Equity, Diversity & Inclusion Hub	Challenge Yourself  # Explore extensive resources of Georgetown University National Center for Cultural Competence  # Freda F. Liu, et al (2022). A Brief Online Implicit Bias Intervention for School Mental Health Clinicians. Int J Environ Res Public Health. 19(2), 679.
 2/10/2025 12:30-1:45pm	Current Trends in Applied Behavioral Analysis: Affirming Neurodiversity	Prepare	General Knowledge	Challenge Yourself

	<p>Facilitators: Katherine Bateman, PhD, BCBA-D, Haring Center Lucas Harrington, PhD UW Autism Center Nancy Rosenberg, PhD, BCBA-D, UW School of Education</p>	<p> # Explore the Autism Society of America's (ASA) evidence-based interventions website, specifically their "Making informed Decisions: ABA Toolkit for families" (plain language version here)</p> <p> # ASA: Evidence-based Intervention & Therapies</p> <p> # ASA: ABA Resources (available in plain language)</p>	<p> # Tips for Choosing a Provider for Applied Behavioral Analysis (Univ of Indiana)</p> <p> # Finding the Right Autism Services for Your Child (UW Autism Center)</p>	<p> # ABA: What Parents Need to Know; Seattle Children's Autism 200 Series webinar (1hr 30min; begin watching at 3:20)</p> <p> # Arc of King County's Unpacking the ABA Debate (3 part Series); recorded conversations with Autistic people, parents and professionals.</p> <p> # Penney, AM, Bateman KJ, Veverka Y, et al. Compassion: The Eighth Dimension of Applied Behavior Analysis. Behav Analysis Practice (2023)</p>
 2/17/2025	NO Seminar Presidents' Day Holiday			
 2/24/2025 12:30-1:45pm	Continued ABA Discussion: Stories from Lived Experience Facilitators:	<i>Prepare</i> Refer to 2/10/2025	<i>General Knowledge</i>	<i>Challenge Yourself</i>

Katherine Bateman, PhD, BCBA-D, Haring Center
 Lucas Harrington, PhD UW Autism Center
 Nancy Rosenberg, PhD, BCBA-D, UW School of Education


MARCH


 3/3/2025
 12:30-3:30pm

Supporting Those at the Intersection of Developmental Disability & Mental Health


Facilitator: Karis Casagrande, PhD

Prepare


 # [PacWest Learning Module 2: Intersection of I/DD and Mental Health \(42 min\)](#)


 # [After you watch a PacWest Module provide feedback](#)

General Knowledge

 # [Let's Talk: The Intersection of Intellectual and Developmental Disabilities, Behavior, and Mental Health \(Report by The Arc\)](#)

Challenge Yourself


 # [Attend the virtual spring 2024 Mental Health Institute: Intellectual and Developmental Disabilities \(IDD\) training track](#)

 3/10/2025
 12:30-1:45pm


Intersection: Gender Identity & DD/ASD

Facilitator: Felice Orlich, PhD


Prepare






 # [PacWest Learning Module 7: Autism & Transgender Health \(34 min\)](#)

General Knowledge

 # [Explore the Autistic Women and Nonbinary Network \(AWN\) information and resource page](#)

Challenge Yourself

 # [Derek G, Bouman, W. Jones, B, Arcelus, J. \(2016\). Gender Dysphoria and Autism Spectrum Disorder: A Systemic Review of Literature. Sex Med Rev; 4: 3-14.](#)

		 # After you watch a PacWest Module provide feedback	 # LGBTQ+ & Disability	 # Cooper, K., Mandy, W., Butler, C, Russell, A. (2022). The Lived Experience of Gender Dysphoria in Autistic Adults: An Interpretive Phenomenological Analysis. Autism. Vol26(4) 963-974.
 3/17/2025 12:30-1:45pm	Squad Meet-Up: Discuss Leadership Project Progress	<i>Prepare</i>	<i>General Knowledge</i>	<i>Challenge Yourself</i>
	Winter Quarter Feedback Survey	 # Come prepared to discuss progress on your project, title for project, and how you hope to present at the UW LEND Symposium		

Winter Quarter Break - Seminars Resume Monday, March 31, 2025